

## Urgent Appeal to Safeguard Medical Freedom

Dear \_\_\_\_\_ ,

I urge you to propose legislation in our state to protect medical rights, specifically the choice of blood donor in medical situations. The ability to choose a designated or autologous blood donation is crucial for medical freedom, reducing risks by knowing the donor personally. **This right to a designated (known blood donor) or autologous (donating for oneself) blood donation is a fundamental aspect of medical freedom**

Despite the long-standing practice of autologous and directed donations, this fundamental patient right is often refused by hospitals, clinics, and blood donation centers, despite a doctor's written order. **I advocate, and am asking that you do as well, to protect this practice, not create a new one.**

**Currently, legislation is being discussed in over 35% of states**, including Texas' 2025 SB 125 and Rhode Island's 2026 HB 7815. In 2026, Idaho HB 528 became the first state to pass a law ensuring their states medical freedom.

Key legal principles support this right, such as the **U.S. Supreme Court's declaration on personal autonomy, the 14th Amendment, the Patient Self-Determination Act, and international religious freedoms**. In emergencies, hospital blood supplies are necessary, but for planned procedures, patients should be able to choose their donors.

### Protecting these rights aligns with several key legal and ethical principles:

- The US Supreme Court: declaration (USSC no. 18-6210 Mitchell v. State of Wisconsin) "No right is held more sacred, or is more carefully guarded by the common law, than the right of every individual to the possession and control of his own person, free from all restraint or interference of others, unless by clear and unquestionable authority of law."
- 14th Amendment, Section 1: provides protection of a person's life, liberty, and property and due process of law. Every person has the right to determine their health choices according to their conscience without coercion or threats to their freedom to pursue education, employment, worship, participation in society, and happiness. Bodily autonomy is the most sacred of human rights.
- Patient Self-Determination Act of 1990: Affirms the right of individuals to make decisions about their medical care.
- United States Commission on International Religious Freedom: Protects the right to freedom of thought, conscience, and religion or belief.

I would like to make you aware of a philanthropic, member-owned Cooperation called Blessed By His Blood (BBHB). This organization is committed to supporting our medical freedom. **BBHB is heavily involved in the legislative activity nationwide and is more than happy to provide guidance and direction on this important issue in our state.** They are ready to assist with legislation in our state.

This issue is non-partisan and essential for upholding the rights of your constituents. The right to medical freedom is deeply rooted in the principles of free will and the governance of our nation, as echoed in the preamble of the Declaration of Independence:

*"We hold these truths to be self-evident: that all men are created equal, that they are endowed by their Creator with certain unalienable rights, that among these are life, liberty, and the pursuit of happiness: that to secure these rights, governments are instituted among men, deriving their just powers from the consent of the governed..."*

Thank you for your time. If you would like to speak to a BBHB representative, please send an email to [help@blessedbyhisblood.com](mailto:help@blessedbyhisblood.com).

Sincerely,

\_\_\_\_\_  
First & Last Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date